

To serve you better, for safety's sake and to facilitate us in delivering a suitable skills session to match everyone's needs, please complete this form and return it with your **WAIVER**. Failure to return these forms may result in cancellation.

Name: \_\_\_\_\_  Male  Female Age: \_\_\_\_\_

**1. Do you have any existing health problems, handicaps, recent surgeries, and heart disease in the family, asthma, allergies that may impact on your skills session today?**

YES  NO  If Yes, please list and explain further: \_\_\_\_\_

**2. To ensure we give you the best learning experience, please CIRCLE the following answer that best describes your riding style.**

Are you confident riding downhill over rocky terrain?	ALWAYS	USUALLY	SOMETIMES	NEVER
Can you negotiate large logs & similar on single track?	ALWAYS	USUALLY	SOMETIMES	NEVER
Would you normally attempt "Black Diamond" trails?	ALWAYS	USUALLY	SOMETIMES	NEVER
Do you unclip "just in case" whilst riding?	ALWAYS	USUALLY	SOMETIMES	NEVER
When confronted with a "Board Walk" do you get off?	ALWAYS	USUALLY	SOMETIMES	NEVER
Do you avoid "drop offs" and similar trail features?	ALWAYS	USUALLY	SOMETIMES	NEVER

**Office use only/ suggested group-instructor**

**3. How often do you ride your MTB?** ONCE A WEEK OR LESS  TWICE A WEEK  MORE THAN TWICE A WEEK

**4. How long have you been riding mountain bikes?** \_\_\_\_\_

**5. What brand and style of bike do you ride?** \_\_\_\_\_

**6. What type of pedals do you use? (flat, clips, clipless etc...brand also)** \_\_\_\_\_

**7. Where do you ride your MTB?** Road  Path  Fire roads  Double tks  Single tks  Commuter

**8. How did you hear about MTBSkills.com.au?** \_\_\_\_\_

**9. Why did you choose MTBSkills.com.au?** \_\_\_\_\_

**11. Have you read & fully understood & signed WAIVER form?**  YES

Please send it back to us via email(scan document), fax, or mail.

Please state on the back of this form any comments, questions, concerns or suggestions you may have that could help us in serving you.

Please ensure that the information you have provided us is accurate and clearly written.

Thanks for letting us get to know you a bit better...see you soon!

Signed: \_\_\_\_\_ Date: \_\_\_\_\_